

Matthew's Friends  
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# What can we do to help?

- Cover all of the UK
- Phone Support for parents
- Liaison with Health Professionals

- Recipes
- Meal planners
- Cooking Sessions
- EKM
- Ketoplanner

- Web Site :  
[www.matthewsfriends.org](http://www.matthewsfriends.org)
- Forum
- Links
- Live chat
- MF discounts

- Experimental cooking
- New products
- SHS Products & information

- Workshops for Parents & Professionals
- Information for schools
- Annual Conferences
- Information DVD



## Future Aims



- Assist & fund further research into the Ketogenic Diet
- Matthew's Friends Centre of Excellence
- Funding Ketogenic Centres